

# Choosing Mr. Right

## Cheat Sheet



**D** DEBORAH  
*Morehead*

## Choosing Mr. Right Cheat Sheet

Recognize your Mr Right in 3 dates flat, and dump Mr Wrong before he has the chance to say hello

Stop settling for or wasting time on Mr. Wrong? Confidently choose your Mr. Right. How do you do that? By knowing and then using your non-negotiables to your advantage.

Non-negotiables aren't a long list of what you want in a man. Like tall, dark hair, sense of humor, etc. They are specific requirements in which there is no room wiggle room.

Let's help you find your non-negotiables & your Mr. Right!

### **I. Write about your values, beliefs, life styles**

Take time to jot down some thoughts about what is important to you. In areas like life style, your values and your beliefs.

For example, values may include things like family, fiscal responsibility, children, etc

beliefs may include spiritual or religious beliefs

life styles may include large family, travel a lot, etc

### **II. Identify Your Non-Negotiables**

Now what are your non-negotiables? Based off of the topics you wrote about above chose your 5 or so non-negotiables. These would be the areas that you know, that you know, that you know must be (or not be) in your relationship.

### **III. Make sure they are really non-negotiables**

Look at each one and ask:

- 1) Is it either there or not there (no wiggle room)? Is it black and white?
- 2) Is it a behavior, ways of acting (I.e. drug free, wants kids, financially responsible)?
- 3) Does it have a big feelings connected to it. From your perspective the relationship will NOT work with/without it.

**IV.** Use your non-negotiables to help guide the questions you ask your dates. Within the first 3 dates you will know if all your non-negotiables are there or not.